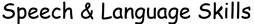
KINDERGARTEN ROUNDUP

Valley View Vikings





As your child grows, their communication skills continue to develop. By four years of age, they should be using grammatically correct sentences (5-6 words in length) and most speech sounds should be correct.

They will continue to develop a larger vocabulary and increase the length and complexity of sentences as they get older.



Kindergartener's should be able to:

- Follow directions, even if the object isn't present, such as "go get your shoes"
- Ask and answer questions using 'who', 'what', 'where', and 'when'
- Use most speech sounds correctly (with a few exceptions~ r, l, and th)

 What did he say?
- Retell a story
- Be understood by unfamiliar listeners
- Use 5-6 word sentences with correct grammar

3 years old	4 years old	5 years old	6 years old	7+ years old
PBMNWH	TDKGFY	s V KW -ING	Z SH CH WH	L R TH
All vowels				

Screen Time: Children need LAPS NOT APPS!

Screen overuse puts your child at risk for

language disorders. Every 30 minutes of daily screen use increased risk of expressive speech delay in ages 6 months to 2 years by almost 50%. Screen overuse in children can mimic ADHD, speech-language impairment, social disorders, or autism. If they see you overusing your phone, they will follow and are missing out on essential language interaction. Screen time should NEVER interfere with sleep, exercise, daily or living activities.

<u>Suggested screen time according to American</u> <u>Academy of Pediatrics:</u>

Under 18 months: NO screen time other than occasional video chatting.

2-5 years: No more than 1 hour high quality programing per day, watch with your child.

5-18 years: Less than 2 hours per day. Set consistent limits on carefully chosen media

What can you do to help?



Read with them every day!



- Monitor/reduce screen time
- Talk with your child about their thoughts, feelings, & ideas
- Let them make up stories, or make up stories with them
- Have them watch your face, lips, & tongue as you form words
- Prolong sounds that they have difficulty with (example: where is your "s-s-s-s-sck")
- Be a good speech model. No baby talk!
- Ask them questions to stimulate more thoughts and language.

